

# Attachment, anxiety and trauma

Course Code: 1615/27

“Getting your head above the crowd.”

# Attachment, anxiety and trauma

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**Suitable for:** *This course is designed for head teachers, SLT and all staff who work with children who have experienced loss and bereavement.*

Are you ready for the unexpected? Is your school prepared to deal with a critical incident in your community? How will you support children, young people and adults through this crisis? This course will focus upon the nature of critical incidents and how school based staff and the community can cope most effectively when the worst happens. The nature of grief, loss and bereavement will be explored and we will focus also on the impact and nature of attachment disorders and trauma and the impact that these have on children's development – both in emotional and cognitive terms.

All delegates will be provided with a grab pack of resources to enable them to develop an action plan for their school and to provide support to children and young people coping with loss and bereavement.

## **Aims of the course:**

To clarify the nature of attachment disorders and trauma and the impact that they have upon development and learning in the classroom.

- To clarify the nature, variety and impact of critical incidents, death, loss and bereavement
- To develop a critical incident policy and have an increased awareness of the need for a critical incident management plan
- Develop an understanding of best practice in terms of classroom management following a crisis and have an increased awareness of helpful strategies and systems to support bereaved children
- To develop an understanding of the diffusing and debriefing process and how this can effectively be used with young people
- To ensure clarification of children's understanding of death and the grief cycle

## **When & Where**

### **Course Code: 1615**

Date: 29<sup>th</sup> September 2016

Time: 9.30 - 15.30

**Holiday Inn, Abbots Lane, Eight Ash Green, Colchester**

### **Course Code: 1627**

Date: 7<sup>th</sup> February 2017

Time: 9.30 - 15.30

**Angel Centre, Angel Lane, Tonbridge**

### **Course Code:**

1615

1627

### **Tutor:**

Dr. Tina Rae

### **Date:**

29.09.2016

07.02.2017

### **Time:**

09.30 - 15.30

### **Cost:**

£85.00 pp

### **Venue:**

**29.09.2016**

Holiday Inn

Abbots Lane

Eight Ash Green

**07.02.2017**

Angel Centre

Angel Lane

Tonbridge

**Cost: £85.00 per person**

For further details please contact:

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